

# BD BLUE BELLS PUBLIC SCHOOL



## E-NEWSLETTER

### July - September 2025



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# From the Desk of the Officiating Principal



Festivals: Where Traditions Connect Hearts

Dear Parents and Students,

Festivals have always been the heartbeat of our culture. They are not just days of celebration but moments that unite families, friends, and communities. Each festival carries a message of harmony, gratitude, and joy, values that form the very essence of Indian tradition.

In earlier times, festivals were not limited to rituals and customs; they also meant preparing special dishes, welcoming relatives and neighbours, and gathering under one roof. Some would grumble about old incidents, while others would reminisce about happier times. Yet, by the end of the day, everyone carried home cherished memories that strengthened bonds. Children grew up listening to stories of gods, heroes, and traditions, while elders took pride in passing these values on.

Sadly, today we find that the younger generation is not always eager to carry forward these customs, often viewing them as burdensome. At times, instead of guiding and reforming this outlook, we as parents give in, perhaps because it feels convenient amidst the chaos and fast pace of modern life. But if we pause and reflect, we realise festivals are not a burden—they are a blessing. They give us an opportunity to slow down, reconnect, and celebrate togetherness.

As a school, we encourage our children to understand and embrace the deeper meaning of every festival. It is through these celebrations that they learn to respect traditions, show compassion for others, and discover the joy of sharing. Every festival, regardless of religion, caste, or creed, is celebrated wholeheartedly.

And to our dear students, we invite you to take the lead! Help your parents decorate the house, lend a hand in preparing sweets, ask your grandparents to share stories of old traditions, or spend quality time together as a family. Let each festival become a treasure trove of memories, setting the tone for a joyful life ahead. These small steps will not only make festivals more meaningful for you but will also bring immense happiness to your loved ones.

Let us, as parents and educators, rekindle the spirit of festivals in our homes. Let us light not only lamps and diyas but also the flame of togetherness within our families. When we celebrate with sincerity, we create memories that children will cherish for a lifetime.

May every festival remind us that true joy lies not in grandeur, but in the bonds we nurture and strengthen with one another.

Happy Festivities...!!

Warm Regards,

Roopali Kudesia  
Officiating Principal  
Brahm Dutt Blue Bells Public School  
Sector 10, Gurugram





# Hall of Fame

AT THE FOREFRONT OF  
**EXCELLENCE**

RANKED **#7** SCHOOL IN  
**GURUGRAM**



# Futuristic Trends in Education & SDG Awards

The school wore the mantle of honour and gratitude as it was ranked among the Top 50 SDG Schools of India under the visionary theme – "**Futuristic Trends in Education & SDG Awards.**" This prestigious recognition was conferred upon the school at the Education Leadership Conclave 2025 amidst a galaxy of eminent educators and profound intellectuals.



July 11, 2025

# Proud Moment for BDBBPS



We are delighted to share that team BDBBPS has been honoured with the "**Most Enthusiastic and Determined Team**" Award by the jury at the **ICT Seagulls Project 2025** on Artificial Intelligence! This recognition is a testament to the teamwork, creativity, and commitment. We extend our heartfelt gratitude to Ms. Anshuka Aneja, Associate Director, IT, BBGS for providing this wonderful opportunity. A special mention to our dedicated team : Ms. Madhu Talwar, Middle Wing Leader, Ms. Shikha Taneja ( Project Leader), Ms. Anju Luthra, Ms. Poonam, Dr. Shivali Joshi, Ms. Bhavna, Ms. Rachna whose efforts made this achievement possible.



# IPN Inspire Award



Heartiest Congratulations to Ms. Madhu Talwar of BDBBPS for winning the IPN Inspire Award at Pan India Level in the Global Collaborator Category...Congratulations to BDBBPS for giving her opportunities for Global Collaborations

September 09, 2025

# Global Sustainability Awards 2025



We are proud to share that our two projects have won the Global Sustainability Awards 2025 in the Senior Students Category. Project 1 - Eco-friendly Air Purifier Participants - Yashika, Mahi Walia, Yashasvi Ganeshe and Anushka Yadav from XI B Project 2 - Smoke and Soot to Brick Converter Participants - Gyanav Chauhan, Yash Kumar Sharma and Aditya Tiwari - all from XI B.

Three esteemed science educators. Dr Anisha Gupta, Ms Seema Yadav, and Ms Neha Marwah were recognized with the distinguished Global Sustainability Award, presented by Arcedtech, in the Educators category.

# Microsoft Showcase School 2025-2026

Microsoft Elevate has recognized BD Blue Bells Public School as a Microsoft Showcase School for 2025-2026





# BD BLUE BELLS PUBLIC SCHOOL



**MS. MADHU TALWAR**  
MIDDLE WING LEADER



**MS. POONAM SHARMA**



**MS. BHAWNA SINGH**



**MS. RACHNA SHARMA**



**MS. ANJU LUTHRA**



**MS. RENU PAHWA**



**MS. SARITA DHIMAN**



**MS. RUCHI MANGLA**



**MS. SEEMA YADAV**



**MS. SUNITA YADAV**

# BD BLUE BELLS PUBLIC SCHOOL



**DR. SHIVALI JOSHI**



**MS. SONIA MEHNDIRATTA**



**MS. KAVITA DEVI**



**MS. JYOTIKA RAIZADA**



**MS. SAPNA**



**MS. DIPTI CHANDAK**



**MS. POOJA NASA**



**MS. MANJU YADAV**



**MS. LAKSHMI HARIHARAN**



**MS. MEET KHURANA**



**MS. NEHA MARWAH**



**MS. EKTA SHARMA**



**MS. POOJA CHUGH**



**MS. POOJA BHALLA**



**MS. JYOTI GANOTRA**



# BD BLUE BELLS PUBLIC SCHOOL



MS. SAKSHI CHAUHAN



MS. RASHMA TANEJA



MS. SUPRIYA ARORA



MS. POONAM SAO



MS. KAVITA BHAN



MS. ANURADHA YADAV



MS. SUSHMA SEHRAWAT



MS. SHWETA BHATIA



MS. GEETIKA BATRA



MR. NARENDER



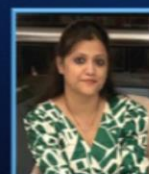
MS. SHIKHA TANEJA



MS. PADMINI



MS. SHIPRA TANGRI



MS. PRERNA RAWAT



MS. NISHA KALRA

# BD BLUE BELLS PUBLIC SCHOOL



MS. KANIKA GULATI



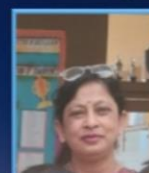
MS. JYOTI JUNEJA



MS. AARTI VIKAS JHA



MR. SHASHI TIWARI



MS. MAMTA SRIVASTAVA



MS. MUSKAAN



MR. DILPREET KAMBOJ



MR. RAVI PRAKASH



MR. SARASWATI OJHA



MS. SHAFFALI



MS. REENA



MS. GEETANJALI KUMARI



MS. NUPUR



MS. KIRTI ZOLANIYA



MS. MRIDUSMITA DAS

# Guru Samman Samaroh 2025



Sanskriti Ke Sarathi proudly hosted the prestigious Guru Samman Samaroh, a grand event dedicated to recognizing the invaluable contributions of teachers took place in the presence of Cabinet Minister Rao Narbir Singh. During the ceremony, two esteemed educators of BDBBPS, Ms. Suman Lata (Hindi Teacher) and Ms. Lalita (Hindi Teacher), were felicitated for their outstanding dedication and commitment. Both teachers were honoured with the Guru Samman Award, acknowledging their passion for teaching, creativity, and tireless efforts in shaping the lives of young learners.

September 13, 2025





# Inter-School Achievements

# Achievement at Roll Ball Championship

At the **State-Level Championship** held at ZED Global School, Rohtak, and hosted by the Roll Ball Association Haryana, our boys' team stormed to a glorious First Place. In contrast, the girls' team claimed a resounding Second, outshining competitors from 16 districts.

**In the District-Level Tournament** at DPSG Palam Vihar, Gurugram, where the girls' team reigned supreme with a First Position, and the boys' team secured an impressive Second.

Adding a crowning touch to this celebration of talent, **Gulmaaira Sharda (Class V)** was rightfully recognised as the Best Player (Girls) at the district level, while the phenomenal Aadvik Singhal (Class IVC) achieved the rare honour of being declared Best Goalkeeper at both District and State levels



July 12, 2025



# DPSG-MUN 2025



Name of the Student	Class & Section	Committee & Award
Tanmay Joshi	XI A	Ministry of Magic – Special Mention
Saubhagya Singh	XI A	International Press Committee- Best Delegate
Aahan Khan	VIII D	Ministry of Magic- Verbal Mention
Yashika	XI B	International Press Committee- Special Mention
Mahi Walia	XI B	International Press Committee- Special Mention
Yash Sharma	XI C	International Press Committee- Special Mention

July 25, 2025

# DAV MUN 2025



**Yatharth Gaur** of Class XB emerged as a standout delegate in the **UN Human Rights Council (UNHRC)**, earning the coveted **High Commendation 1 Award** with a cash prize of Rs. 2000/-.

**Elsa and Kashvi**, representing **Palestine** in the **United Nations Security Council (UNSC)**, were lauded with a **Verbal Mention** for their persuasive diplomacy.

July 30, 2025



# BDBBPS U-14 and U-19 Volleyball Team in CBSE Cluster



**Under-14 Girls' Volleyball Team** emerged as a true powerhouse, storming their way into the finals and secured the Runners Up Position.

Complimenting the junior team, the **Under-19 Girls' Volleyball Team** carried forward the Blue Bells legacy with pride and purpose and clinched the Second Position.

August 05, 2025

# BDBBPS Prodigy Ishita Qualifies for SGFI District Yogasana Championship!



**Ishita of Grade VI** has scaled to new heights by qualifying for the **SGFI District-Level Yogasana Championship**, bringing immense pride and glory to the school.

At the highly competitive **Block-Level Championship** hosted by Government Girls Senior Secondary School, Jacobpura, Gurugram, Ishita showcased breathtaking mastery in the **Under-14 Girls Category**, earning a coveted position among the **top seven performers**.

August 05, 2025



# A Stellar Achievement by Prisha Bhatia



With a resolute focus, curiosity, and a brilliant mind, Prisha's pioneering project, **'Auto Cleaning Mode in ACs,'** has earned her the prestigious **INSPIRE MANAK Award**, a national recognition by the Government of India that honours young scientific thinkers shaping the future.

Among 77 astounding entries from across Gurugram, Prisha's idea stood out as **one of only eight** selected to represent the district at the **State Level**. In recognition of her ingenuity and scientific spirit, she has also been awarded a **Rs. 10,000 scholarship**.

# Shalom Conclave



Our prodigies, **Moksharth Verma (Class II)** and **Daivik Pahuja (Class I)**, dazzled the stage and bagged the **Second Prize** in **PixelRunway: Where Fashion Meets Gen Alpha**.

The dynamic dream team of **Navya, Dhanya, Mannat, Vyom, Mahi, and Keertarth** from Classes XI–XII brought the house down in **Gen GPT: iHumor**, a one-of-a-kind skit contest fusing Artificial Intelligence with razor-sharp wit.

August 11, 2025

# ECOLLOSSEUM 2025 – A TRIPLE CROWN FOR OUR TECH TITANS!



**Third Position** in prestigious inter-school techno-cultural extravaganza hosted by DAV Public School, Sector 49, Gurugram.

**PLAYOFFS – The Gaming Gauntlet**, Saubhagya Singh, Ayush Thakur, Yug Yadav, Mannat, and Anshuman Sharma (Class XI)

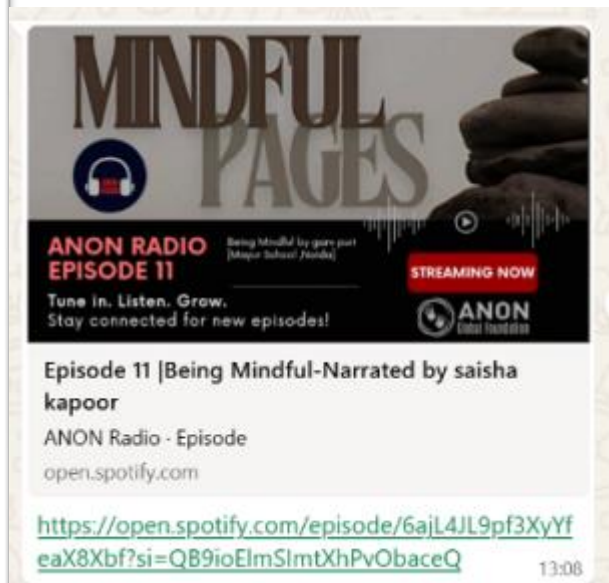
**BOT BRAWL – The Robotics Face-Off**, Lovitra, Dakshesh, Aadit (Class X)

**CYBER GROOVE – The Techno Dance Showdown**, Ghazal Verma (X), Mansi Chauhan (X), Keshavi Dhiman (IX), Prisha Bhatia (XI), Bhumika Maan (XII), Vidhi Chawla (XII), Keerti Yadav (XI), Yug Vermani (X), Anya Arora (IX), Kiran (XII), Deeksha (XII) mesmerised all with electrifying energy and precision-perfect synchrony

August 11, 2025



# Celebrating the Inspiring Journey of Saisha Kapoor



At BDBBPS, we take pride in nurturing purposeful leaders like **Saisha Kapoor**, our Health & Wellness Ambassador, mentored by **Dr. Alka Saxena**, Associate Director (Social & Emotional Learning), BBGS. Through her internship with the **ANON Global Foundation**, Saisha showcased her passion for mental health by creating an audio blog "*Being Mindful*" on Spotify and contributing as a student reporter to the ANON News Bulletin, advocating mindfulness and youth well-being globally.

**Listen here:** [Being Mindful on Spotify](https://open.spotify.com/episode/6ajL4JL9pf3XyYf_eaX8Xbf?si=QB9ioElmSlmtXhPvQbaceQ)

News Bulletin Link -

[https://www.youtube.com/live/XSQT6qT2PzM?si=bqiG\\_mq3MJv-c61S](https://www.youtube.com/live/XSQT6qT2PzM?si=bqiG_mq3MJv-c61S)

August 19, 2025



# BDBBPS Creates History at SGFI District Volleyball Tournament!



The unstoppable **Under-14 Girls' Volleyball Team of Brahm Dutt Blue Bells Public School** has scripted glory by securing the **First Position** at the prestigious **SGFI District Volleyball Tournament**.

August 26, 2025

# SGFI District Volleyball Tournament Win for U-19 Girls' Team



The Under-19 Girls' Volleyball Team of **Brahm Dutt Blue Bells Public School** made the institution proud by clinching the **First Position** at the **SGFI District Volleyball Tournament**.

August 26, 2025

# GPSC SCIENCE CONVENTION 'UNEXPLORED REALMS – 9.0'



**Samya of Grade X-B** carved a shining place of pride for our school by securing the **Second Prize** in the prestigious inter-school event 'Echoes of the Unknown' at the **GPSC Science Convention -Unexplored Realms 9.0**.

August 27, 2025



# Xavenium 2025



In 'Alien Explorers – Monologue', **Viransh Nilesh Bande** of Class II secured the **Third Position**.

In 'Stellar Moves: The Dance of the Galaxies', the talented students of Class III clinched the **First Position**.

In 'Mission Control: Build Your Own Space Station', **Venuka Dikhit** of Class IV achieved the **Second Position**.

In 'Alien Welcome Committee – Dialogue Presentation', **Tejas Chopra, Shreya Sharma, and Onish Sharma** of Class IV emerged victorious with the **First Position**.

August 29, 2025

# MI-me, a Festival of Multiple Intelligences



Our Pre-Primary Wing students displayed creativity, confidence, and zest, making the school proud with their remarkable performances.

- Festive Fun Run – Ira (Grade II) clinched the Second Position with her agility and enthusiasm in the obstacle race.
- Stamp-A-Palooza – Karun Yadav (Nursery) secured a Consolation Prize for his vibrant and imaginative stamp painting.



# Cyber Initiatives



**CYBERSECURITY  
IS FOR EVERYONE**



# CyberSpaze 2025: Digital Brilliance in Action

CyberSpaze 2025, the four-day intra-school IT Fest at Brahm Dutt Blue Bells Public School was held from July 25 to 29, 2025, on the empowering theme 'Technology for Good'. It served as a transformative platform for students of Classes III to XII to explore digital creativity, innovation, and ethical cyber practices.



July 25-29, 2025

# Metaverse 360VR Programme – Session II

Revolutionizing Learning, One Virtual Journey at a Time



July 28, 2025



# Metaverse 360VR Programme- Session III



**Metaverse 360VR: Where Learning Becomes an Adventure  
Beyond Imagination**

August 22, 2025



# Line Follower Robotics Workshop

**Hands-on Robotics: Where Curiosity Takes the Driver's Seat!**



September 15-16, 2025

# Canva Training Session

## **Empowering ourselves to empower our students.**

Canva training was organized for faculty under the theme "Empowering ourselves to empower our students." The session aimed to enhance digital design skills, enabling educators to create engaging learning materials. This initiative supports innovative teaching methods and fosters a more interactive and creative classroom environment for students.



August 06, 2025



# Tagore International School

Outstanding achievement of our students, Rohit Yadav (Class X) and Tanmay Singh (Class IX), in 'Robotics Ground Zero'.

Their exceptional skills and teamwork earned them the FIRST POSITION, along with a cash prize of ₹10,000. The event was part of #TagGED 5.0, an inter-school fest hosted by Tagore International School, East of Kailash, New Delhi.



August 20, 2025



# Skills to Careers: Skilling Today, Leading Tomorrow by CBSE & IBM

The event was designed to highlight the growing importance of skill-based education, future careers, and the integration of AI and emerging technologies in classrooms. The workshop focusing on students' projects and the future of work and emphasizing educator upskilling.



August 29, 2025

# Training on Filmora Video Editing Software

A training session on Filmora Video Editing Software was conducted for teachers to enhance their digital content creation skills. The session focused on basic to intermediate video editing techniques, empowering teachers to create engaging educational videos and improve classroom instruction through the effective use of multimedia tools.



September 10, 2025



# Code To Creativity

A training session by Orange Publication on Orange Data Mining was conducted for teachers to introduce data analysis and visualization techniques. The session covered key features of the software, enabling teachers to guide students in exploring data science concepts effectively, thus enhancing analytical skills and supporting curriculum-based learning outcomes.





# Capacity Building Program – Information Technology

The workshop was to enhance the pedagogical skills and technical expertise of IT teachers in accordance with the latest CBSE curriculum guidelines. It aimed to empower educators with innovative teaching methodologies, advanced digital tools, and assessment strategies to ensure effective classroom practices and align with CBSE's vision for skill-based education



August 29, 2025

# Techno Vista 2025



## Overall Winners Trophy,

**Tech Maze – Racer:** Amol Sharma & Adinath Nair (Class V) – First Position

**Tech Beats:** Students of Classes VI & VII – First Position

**Tech Kahani:** Dikshan Madan & Krisha Yadav (Class V) – Second Position

**Tech Spectrum:** Lahith Mahakhariya & Avin (Class III) – Third Position

**Technovation:** Roushika Trivedi & Lakshya Upadhaya (Class III) – Third Position

**Tech Theatre:** Students of Classes IV & V – Third Position

**Tech Soccer:** Manan Kadian & Amay Gupta (Classes VI & VII) – Third Position

**Tech Safe:** Advik Garg & Dhruv Yadav (Classes VI & VII) – Third Position

September 04, 2025



# Techno Spark at Kunskapsskolan International School



Tejas Chopra (IV B) and Gulmaaira Sharda (V B) secured 1st Position in the event EcoLens Video.

Priyansh Yadav (V A) and Satya Kuchal (V A) secured 2nd Position in the Robotics Challenge, while Omansh Yadav (V C) and Krisha Yadav (V C) earned 3rd Position in Canva Creations.

September 24, 2025



# AI for Workplace Efficiency

**AI training session on Prompt Writing, ChatGPT, and Gamma AI**  
The training was being organized for Corporate Office staff and BDBBPS Non-Teaching staff.



September 20, 2025

# Smart Healthcare System Workshop

Tomorrow's Changemakers, Growing Today with Tech & Teamwork

The Smart Healthcare System Workshop was successfully conducted over two days for students of Classes VI to X, introducing them to the exciting world of **Robotics** and the **Internet of Things (IoT)**.



September 29-30, 2025





## SOCIAL MEDIA CAMPAIGN



- Knowledge is our child's best shield online.

To maintain a safe social media presence, our child needs more than just privacy settings. They need to be aware of cyberlaws to safeguard themselves and take prompt action. ‘

Let us equip our children with these rules and laws.



## ENCOUNTERED A FAKE PROFILE IN YOUR NAME?

THAT'S A CRIME  
UNDER IT ACT  
SECTION 66C



## YOUR PERSONAL PICTURES SHARED WITHOUT PERMISSION?

THAT'S A CRIME UNDER  
SECTION 66E





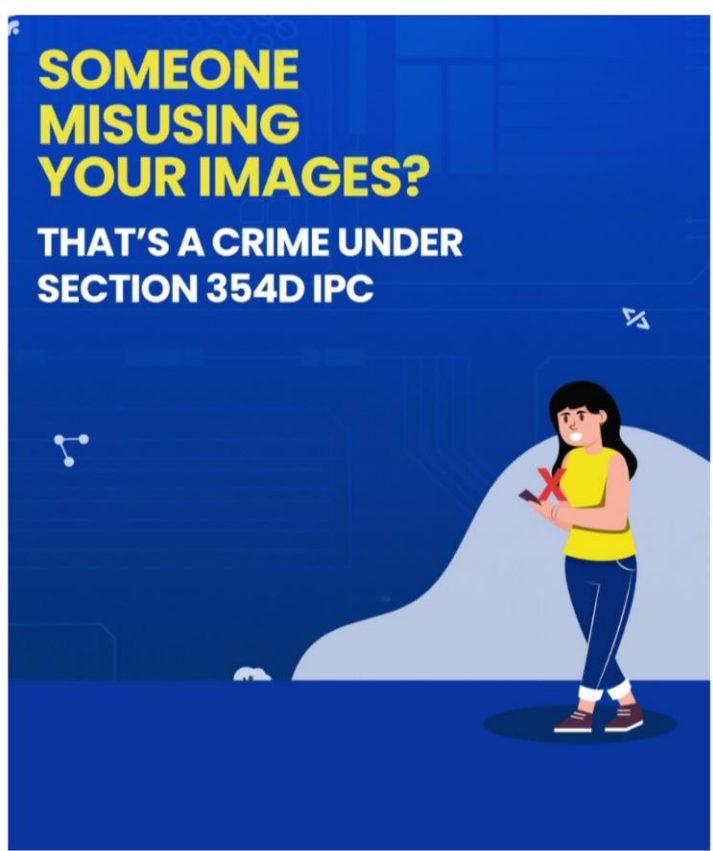
## **YOUR PERSONAL PICTURES SHARED WITHOUT PERMISSION?**

**THAT'S A CRIME UNDER  
SECTION 66E**



## **SOMEONE MISUSING YOUR IMAGES?**

**THAT'S A CRIME UNDER  
SECTION 354D IPC**



## DID YOU FACE AN ONLINE FRAUD?

IT'S A CRIME UNDER  
SECTION 420 IPC + IT ACT 66 D



## CAUGHT IN A DIGITAL MESS?

CALL 1930 OR  
REPORT IT AT  
[CYBERCRIME.GOV.IN](https://cybercrime.gov.in)









# Learning & Development

# LEARNING AND DEVELOPMENT DEPARTMENT

## THE LEARNING SPACE

All the events featured in this edition are conceptualised by the **Learning and Development Department** under the able guidance of **Madam Soumya Gulati, Associate Director – Academic Development and Innovation, Blue Bells Group of Schools**. Each initiative reflects the school's commitment to joyful learning, innovation, and student-centered education.

These endeavours stand as a testament to the collaborative efforts of the L&D team and dedicated faculty, who continuously strive to create engaging and meaningful learning experiences for students and parents alike.



- ✱ Student-Led Conference (August 30, 2025)
- ✱ Back to School Series – Fun with Numbers & READ-O-PHONICS (September 20, 2025)
- ✱ Matheletics – Power of Numbers (September 20, 2025)
- ✱ Gallery Walk-Playgroup & Nursery (September 27, 2025)



# Student-Led Conference (August 30, 2025)



**The conference provided a platform for students to take ownership of their learning while developing essential 21st-century skills.**



BD Blue Bells Public School successfully conducted its Third Student-Led Conference for Classes VI–VIII

Through interdisciplinary projects and presentations, students confidently demonstrated their learning journeys, connecting classroom concepts to real-life applications. Parents were deeply inspired by the students' confidence, articulation, and clarity of thought — reaffirming the school's vision of **student-centered, experiential education**.

## Back to School Series – Fun with Numbers & Read- O-Phonics (September 20, 2025)



As part of its **Back to School Series**, the School has organised sessions for LKG and UKG parents.

Parents actively engaged in Fun with **Numbers** and **READ-O-PHONICS** activities, gaining insight into the school's experiential and joyful learning methods. The sessions highlighted the importance of parental involvement and showcased the school's dedication to **nurturing foundational literacy and numeracy skills**.



Every child's  
curiosity is a  
spark; education  
fans it into a  
flame of  
discovery.



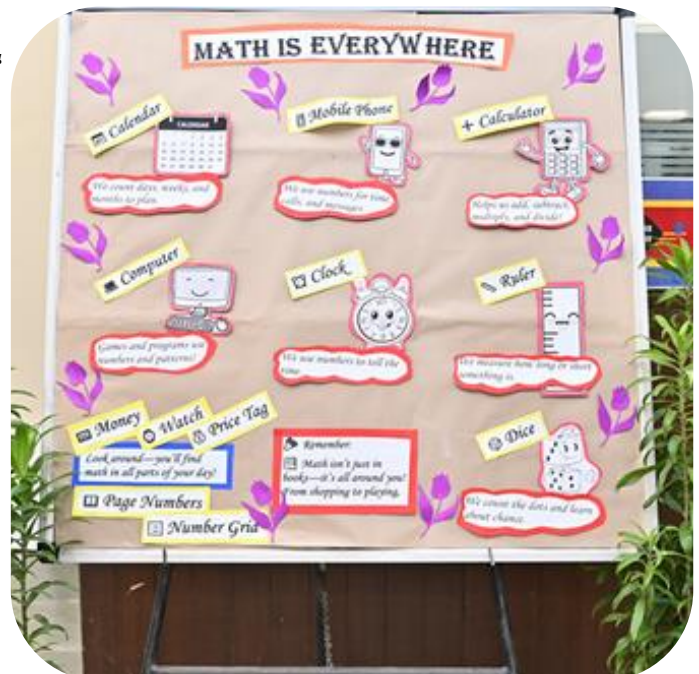
# Matheletics – Power of Numbers (September 20, 2025)

## Celebrating Joyful Learning and Innovation in Early Education



The School successfully hosted its first-ever **‘Matheletics – Power of Numbers’** for Grades I and II parents.

The event exemplified the school’s commitment to innovative, learner-centered education.



Mathletics' featured interactive experiences such as Math Aesthetic Art, Sports Arena, Read-O-Corner, and IT Board, all themed around “Food – Making Healthy Choices.” Value Education was also woven in through displays on Healthy Food and Mindful Eating, reinforcing balanced lifestyle choices.

Students showcased their **creativity, critical thinking, and collaboration** through hands-on mathematical challenges.



# Gallery Walk- Play group & Nursery September 27, 2025



With the aim of fostering curiosity and creativity in the early years, BD Blue Bells Public School organised a vibrant Gallery Walk for Playgroup and Nursery students.

The event reflected the school's philosophy of holistic, child-centered learning. Interactive stations showcased students' development across **cognitive, motor, linguistic, and social domains**, while teachers guided parents through the learning journey.

**Vibrant Gallery Walk  
for Playgroup and  
Nursery students.**



*Lorem ipsum dolor sit amet, consectetur adipiscing elit.  
Etiam viverra malesuada lobortis. Fusce tincidunt magna*



Parents appreciated the thoughtful integration of play, exploration, and inquiry, commending the school's dedication to **nurturing confident, curious, and compassionate learners.**



# Celebrations Galore



# Vanmahotsav Celebration

**SOWING SEEDS OF CHANGE: VAN MAHOTSAV CELEBRATIONS AT SCHOOL** -The students of Classes III to V took inspiring strides towards building a greener and more sustainable future. The week unfolded with a flurry of creative and eco-friendly initiatives that reflected the commitment and compassion of our young environmental stewards.



July 05, 2025



# Vanmahotsav Celebration

Our energetic NCC Cadets and Student Council Members, and Middle Wing students marched out of the school gates and into Sector 10 Park, Gurugram, to celebrate nature in all its glory. What followed was more than a Van Mahotsav Rally and Tree Plantation Drive, it was a movement, a mission, and a message to humanity: We are the stewards of tomorrow.



July 08, 2025

# Where Numbers Come Alive: A Revolution in Mathematical Learning!

This reimagined space is not just a lab—it's an experience. Designed to ignite curiosity and nurture problem-solving minds, it seamlessly integrates tactile learning with cutting-edge digital tools. From interactive models to real-world simulations, every corner of the lab fosters analytical thinking, logical precision, and a joyful engagement with mathematics.



July 11, 2025



# TRIBUTE TO THE GURUS: GURUPURNIMA



July 12, 2025



# Movie Screening: III-V

Experiential Learning Through Cinema: A Special Screening of  
Lilo & Stitch



July 15, 2025

# Orientation Programme Class XI

The school hosted the Orientation Programme for the parents and students of Class XI on July 05, 2025. The event aimed to familiarise students and parents with the school's ethos, academic structure, co-scholastic offerings, and expectations for the senior secondary years.



July 23, 2025



# Honouring Alluri Sitaram Raju, The Legendary Freedom Fighter

A heartfelt tribute to Alluri Sitaram Raju, the legendary freedom fighter who fearlessly led the tribal revolt against British rule in the Gudem Hills of Andhra Pradesh. Through a thought-provoking skit and a powerful self-composed poem, students brought to life the extraordinary courage and sacrifice of this 26-year-old icon, who became a beacon of resistance and a revered folk hero in India's freedom movement.



July 24, 2025

# Prefectorial Council for the Academic session 2025–26



July 24, 2025



# Movie Screening For Grades VI-VIII

**A Cinematic Journey of Heart and Humanity: Special Movie Screening For Grades VI-VIII**

**“Acceptance, appreciation, and love are the greatest teachers.”**



July 24, 2025

# Nrityanjali 2025

Dancing to the Rhythms of Sustainability, the school proudly hosted Nrityanjali 2025 – Rhythms of Sustainability, an Inter-School Dance Competition that celebrated the transformative power of the Performing Arts. Rooted in the United Nations Sustainable Development Goals (SDGs), the event brought together vibrant performances and meaningful messages.



July 29, 2025



# World Nature Conservation Day

Celebrating World Nature Conservation Day: A Call to Action



August 08, 2025

# Wheat to Wonder: Little Hands Explore Big Ideas

"Learning is about awakening curiosity, nurturing empathy, and building real-world connections."

In pursuance of the enriching monthly theme '**Farm to Table**', a thoughtfully curated educational visit to a **Flour Mill** was organised for the enthusiastic learners of **UKG**. This immersive experience served as a meaningful window into the incredible journey of wheat from golden grain to nourishing flour, bridging the gap between the food we eat and its origins.



August 08, 2025



# Rakhi Celebration

Rakhis of Respect: Students Honour Soldiers with Love and Pride



August 11, 2025



# Assembly Guardians of the Frozen

As 2025 has been declared the International Year of Glaciers' Preservation by the United Nations, the students of Class III A took the lead in raising awareness through a vibrant and impactful Special Assembly, 'Guardians of the Frozen Giants.'



August 11, 2025



# Independence Day Celebration

**"Dreams in our vision, courage in our voice, and glory in our hearts."**

With this unshakable spirit, BD Blue Bells Public School commemorated the 79th Independence Day in a celebration that was a heartfelt tribute to the dreams, struggles, and sacrifices that have shaped our nation.



August 13, 2025

# NCC Certificates

**A Salute to Discipline and Dedication: NCC Cadets Awarded Certificates of Merit**



In a moment of immense pride for our institution, the morning assembly turned into a celebration of honor and achievement as our NCC cadets were felicitated with certificates for their exemplary participation in the Annual NCC Camp.

August 14, 2025



# Abhivyakti (June- July 2025) Edition



The July edition of *Abhivyakti* embraces the theme ‘**Sweltering Heat**’, capturing the essence of the season through creative expressions.

# Janmashtami Celebration

**"Festivals are living traditions that keep our culture vibrant and our hearts connected."**



The students brought alive the divine story of Lord Krishna's birth with grace and energy, illuminating the deeper spiritual significance of Janmashtami. They also highlighted the cherished tradition of Raksha Bandhan, celebrating the timeless bond of love, care, and protection between siblings.

August 14, 2025



# Voices of Tomorrow, Visions of Unity: BDBBPS MUN 2025

The school proudly unveiled the 3rd Edition of its International Model United Nations Conference on August 23–24, 2025, a transformative celebration of youth, ideas, and global citizenship. With the theme **“Diverse Voices, Shared Vision: Defining 21st Century Diplomacy,”** the conference became a living laboratory of dialogue and cooperation, drawing together more than 500 delegates from across India and beyond. It was a simulation of the United Nations, a powerful reminder of how the young can dream, deliberate, and define the future of our shared humanity.



August 23–24, 2025



# Voices of Tomorrow, Visions of Unity: BDBBPS MUN 2025



August 21-21, 2025



# Teacher's Day

The students celebrated **Teacher's Day** with **enthusiasm and gratitude**. Class XII hosted the programme that reflected both creativity and sincere appreciation for the mentors who guide and inspire them every day.



September 05, 2025



# Teacher's Day

BD Blue Bells Public School marked **Teacher's Day** with **enthusiasm and heartfelt appreciation**, as students from Classes VI to VIII came together to host a special assembly in honour of their mentors.



September 05, 2025



# Teacher's Day



The young Blue Bellians of Classes Playgroup–II, along with Radha Krishnan House (Classes III–V), came together with boundless energy and affection to honour their teachers through two beautifully curated Special Assemblies on September 04, 2025.

September 05, 2025



# INTERNATIONAL LITERACY DAY

On International Literacy Day, Class V students embraced the philanthropic mission "Each One Teach One" as mini rays of change. They were brimming with love and empathy and crossed their class boundaries to empower the school support staff with the power of words.



September 09, 2025



# Hindi Diwas Celebration

Hindi Diwas at school turned into a lively celebration of language, creativity, and young talent. Students from both the Pre-Primary and Primary wings brought the event to life with performances that blended tradition, enthusiasm, and originality



**September 12, 2025**

# Health & Wellness





## Health & Wellness: Nurturing Hearts, Minds, and Lives

“To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear.” — Buddha

At the **Blue Bells Group of Schools**, the Health & Wellness Programme has become a cornerstone of holistic education, fostering physical vitality, emotional strength, and mental clarity among students, teachers, and parents. Under the visionary guidance of **Dr. Alka Saxena, Associate Director (Social & Emotional Learning), BBGS**, the initiative has evolved into a vibrant system of care. Her insightful leadership and relentless commitment have inspired a culture where well-being is seamlessly woven into everyday learning and living.

Through a blend of awareness drives, interactive workshops, and mindful practices, the Health & Wellness Team cultivates an environment that celebrates positivity and emotional resilience. Each effort reinforces the belief that true education extends beyond academics—it nurtures the heart, enriches the soul, and strengthens the spirit to face life with grace and courage.

# EVENTS ORGANIZED UNDER THE HEALTH & WELLNESS PROGRAMME

## HEARTFELT TRIBUTE TO MEDICAL HEROES ON DOCTOR DAY

**“The best way to find yourself is to lose yourself in the service of others.” – Mahatma Gandhi**

Under the Health & Wellness Programme, BBGS celebrated Doctors' Day with heartfelt gratitude, honouring the compassion and commitment of the medical fraternity. Special assemblies across the Pre-Primary, Primary, and Middle Wings brought together young voices in poems, reflections, and performances that saluted doctors as true guardians of life.

The school's medical team conducted an insightful session on First Aid Essentials and Monsoon Health Tips, empowering learners with practical knowledge for everyday wellbeing. Students also created handmade appreciation cards for the school doctors and nurses, expressing their affection and thanks.

The event concluded with warm messages from the Officiating Principal and Wing Leaders celebrating the unwavering spirit of healthcare professionals. The occasion beautifully echoed BBGS's enduring values of empathy, awareness, and respect for those who heal and serve humanity.



# Doctor's Day –Pre-Primary & Primary Wing





# DOCTOR'S DAY – MIDDLE WING





# STUDY SKILLS MODULE

In today's competitive academic world, effective study techniques are as crucial as subject knowledge. To support students in mastering these skills, a dynamic Study Skills Session was conducted for Class XI. The session aimed to equip learners with practical strategies to enhance focus, manage time efficiently, and develop study habits that foster long-term academic success.

Students were introduced to the PQRST method—Preview, Question, Read, Self-study, and Test—a systematic approach to improve comprehension and retention. They also explored ways to organize online study material, take effective notes, and manage time and marks wisely during exams.

The facilitators highlighted the importance of studying in a distraction-free environment and maintaining a balanced lifestyle. Learners engaged actively, sharing challenges and seeking solutions through meaningful discussions. The session proved both insightful and inspiring, empowering students with tools and techniques to excel academically and approach learning with confidence and clarity.





# GRADE I & II (MATHLETICS)

The Health & Wellness Programme of the school presented an insightful overview of **Value Education for Classes I & II** during **Mathletics** through a thoughtfully designed display board.

The display emphasised the role of Value Education as a cornerstone for nurturing essential life skills and cultivating positive habits in young learners. It showcased students' creative work and activities on the theme "**Healthy Food**", complemented by a practical guide on "**Mindful Eating**."

Through these initiatives, students developed a deeper understanding of energy balance and the importance of making informed food choices. The display corner further enriched the event by promoting reflective thinking and featuring engaging activities such as "**Steps for Mindful Eating**" and "**Plan Your Meal**."





# Back to School Series (LKG & UKG)

The **Health & Wellness Programme** presented an inspirational overview of **Social and Emotional Learning (SEL)** during the Back to School session for **LKG & UKG**. The display highlighted the role of SEL as the foundation of a child's holistic development.

To enhance parents' understanding of SEL, a series of **interactive and experiential activities**—including Creative Drawing, Feelings Matter, and Pandora's Box—was conducted. These activities encouraged parents to reflect on emotions, explore diverse perspectives, and appreciate the importance of expressing feelings in healthy ways.

The initiative proved especially meaningful for parents of young learners, as it not only emphasized the need to nurture emotional intelligence from an early age but also offered practical strategies to support children's emotional growth at home. By actively engaging in the activities, parents experienced first-hand how SEL fosters resilience, strengthens family bonds, and cultivates a positive mindset.





# Nasha Mukti Pakhwada: Building a Drug-Free Future



**"NASHA MUKTI ABHIYAN "**  
**" नशा मुक्ति अभियान "**

Under the national campaign “One Nation, One Vision: A Drug-Free Nation,” the Blue Bells Group of Schools observed Nasha Mukti Bharat Pakhwada (July 1–15, 2025) through a series of awareness initiatives . The observance aimed to empower young minds with knowledge, resilience, and a strong sense of social responsibility to create a drug-free generation.

At Brahm Dutt Blue Bells Public School, the campaign began with a heartfelt “Say Yes to Life, No to Drugs” pledge during a special morning assembly. Students from Classes IX–XII reaffirmed their commitment through stirring poems, speeches, and a vibrant poster-making activity that highlighted issues like peer pressure, mental health, and social influence. Teachers and staff extended their support by taking the National Anti-Drug Pledge on the Government of India portal: <https://pledge.mygov.in/fightagainstdrugabuse/>.







Following the drive, interactive Sensitization Sessions on Peer Pressure and the Drug Menace were organized for Class X on August 19, 2025 (BBMS) and August 21, 2025 (BDBBPS). Students explored real-life scenarios through role plays, discussions, and group tasks, learning effective refusal strategies and the importance of creating their own “Safety Circles”—trusted networks for emotional support and guidance. Key helpline numbers, local NGO contacts, and government resources such as the Nasha Mukta Bharat Abhiyaan website (<https://nmba.mygov.in>) were shared for continued awareness.





We  
30 students of  
X A  
-pledge to stay  
away from  
drugs and  
support a  
healthier  
addiction free  
India .  
We stand for  
awareness ,  
responsibility  
and a brighter  
future .  
What about  
you? Will you  
take the pledge  
too ?



The momentum continued with a Substance Abuse Awareness Workshop for Class XI on September 1, 2025, focusing on recognizing early signs of addiction, understanding its physical and psychological impact, and adopting healthy coping mechanisms. Engaging activities like the Stress Coping Wheel and Match the Sign card game made the learning process interactive and reflective. Students also discovered positive ways to manage stress through mindfulness, exercise, music, and journaling.

The Nasha Mukti Pakhwada initiative not only strengthened students' resolve to stay drug-free but also reinforced the values of empathy, awareness, and responsible citizenship that define the ethos of Blue Bells. Together, the school community stands united—choosing health, purpose, and a life free from substance abuse.





# Providing Exposure And Enriching Students Through Various Competitions

## **Mind Smart 2025 -3<sup>rd</sup> Peer Educator Workshop & Valedictory Ceremony**

Expressions India organized the **3<sup>rd</sup> & Final Workshop and Valedictory Ceremony of “MindSmart 2025 – The Life Skills & Wellbeing Leadership Course for Adolescent Peer Educators”** on **29 August 2025** at **National Bal Bhavan, New Delhi**. The programme marked the culmination of a year-long initiative aimed at nurturing life skills, leadership, emotional resilience, and well-being among adolescents.

Peer educators representing **Brahm Dutt Blue Bells Public School** were **Aarav Gauthwal (XI C)**, **Avneet Mishra (X B)**, and **Dilisha Madaan (IX C)**. The sessions emphasised **empowering adolescents for the digital age, preventing high-risk behaviours, and integrating life skills into effective career decision-making**. Peer-led role plays on coping with emotions, decision-making, peer pressure, and cyberbullying nurtured self-awareness and collective learning. Interactive activities like the **Human Knot** and reflective fun games further reinforced collaboration, adaptability, and problem-solving.

The **Investiture Ceremony** honoured peer educators for their contributions as ambassadors of wellbeing. Distinguished experts **Dr. Shuchi Mathur, Senior Consultant**, and **Dr. Aparna Joshi, Junior Project Fellow**, Manodarpan Cell, NCERT joined **Dr. Jitendra Nagpal**, Program Director, Expressions India, in felicitating the participants.





# Continuous Professional Development Workshops

## Stress Management Workshop

### Workshop on Stress Management for Office Staff

In today's demanding world, stress has become an inevitable part of life. To promote the mental and emotional well-being of its office staff, **Brahm Dutt Blue Bells Public School** organized a workshop on **"Stress Management: Skills for a Healthier, Happier You!"** on **June 20, 2025**.

Conducted by **Dr. Alka Saxena**, Associate Director (Social & Emotional Learning), *Blue Bells Group of Schools*, and her team, the session focused on identifying the causes and symptoms of stress and adopting effective coping strategies. Participants learned to overcome procrastination, prioritize tasks, and maintain a balanced lifestyle through proper nutrition, rest, and exercise.

A highlight of the workshop was the introduction of the **Eisenhower Matrix**, a practical time-management tool that helps distinguish between urgent and important tasks for better focus and decision-making. The session concluded with actionable tips to enhance productivity and emotional balance at work.

The interactive and insightful session was widely appreciated, reflecting the school's continued commitment to nurturing the holistic well-being of its staff.

# Stress Management Workshop





# Understanding Emotions and Calm Corner Workshop

“The heart of education is the education of the heart.” – Anonymous

In a visionary step towards nurturing holistic well-being and emotional resilience, Brahm Dutt Blue Bells Public School, under the aegis of Adept – A Program for Enhancing Life Skills, powered by Wellnesswise.in, proudly hosted the training session on ‘Understanding Emotions & Calm Corner’ for the educators of the Pre-primary Wing of Blue Bells Group of Schools on July 16, 2025.

The first phase of the training on Emotional Well-being for Educators focused on teachers—the true catalysts of change—helping them strengthen their own emotional balance and self-awareness. The second phase emphasized the creation of Calm Corners in classrooms, empowering students to recognize and regulate their emotions. These safe, tranquil spaces allow learners to restore focus and return to class activities with clarity and confidence.

The initiative also aims to uphold students’ dignity while nurturing resilience and emotional self-management. By equipping teachers to model emotional intelligence, the training seeks to transform classrooms into spaces of empathy, calm, and connection. This workshop marks a meaningful step toward embedding Social and Emotional Learning (SEL) into the very core of early education.





# Hum Tum Connect: Celebrating Togetherness Beyond Classrooms

Brahm Dutt Blue Bells Public School hosted Hum Tum Connect under its **Health & Wellness Programme** on September 4, 2025, for Middle Wing teachers, corporate staff, and the Health & Wellness Team. The event was a heartfelt celebration of togetherness built around the theme “Beyond Classrooms: Interpersonal Relationships as the Cornerstone of Collaboration and Harmony.”

Designed in a lively Antakshari format, the event beautifully blended music, humour, and teamwork. Creatively named teams such as Six Samurai, Satte Pe Satta, Eight Wonders, Office Ninjas, and Inside Out filled the atmosphere with laughter and camaraderie through rounds like Musical Antakshari, Celebrity Connect, and Guess the Song.

Hum Tum Connect truly lived up to its spirit, “Heart, Friendship, and Skills, this is our true blockbuster.” It was a joyful reminder that harmony and collaboration are the real rhythm of success at Blue Bells.





# WELLNESS WISE BY DR. ALKA

**‘Calmness in mind is one of the beautiful jewels of wisdom.’  
James Allen**



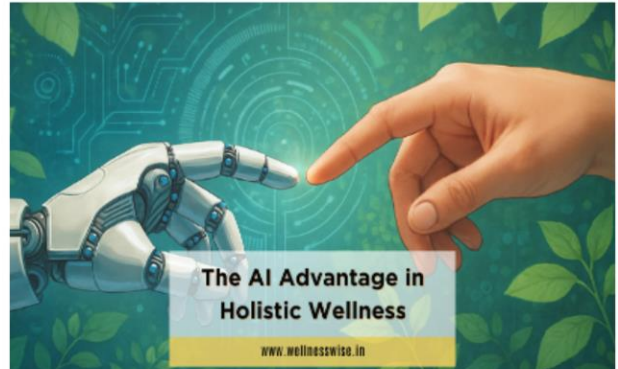
Dr. Alka Saxena is a futurist who is constantly working to integrate the best emergent practices of Health & Wellness with education. She created her blog, Wellness Wise by Dr. Alka. The purpose was to reach out to a broad audience with the aim of sharing her vast knowledge and practices on life skills, health, and wellbeing. Her blog postings, based on her experiential knowledge as an educator, cover a wide range of topics which connect and relate to all age groups alike.

<https://wellnesswise.in/wednesdaywellness-4/>



**Mastering the Power of Words:  
Secret of Effective Communication**

[www.wellnesswise.in](http://www.wellnesswise.in)



**The AI Advantage in  
Holistic Wellness**

[www.wellnesswise.in](http://www.wellnesswise.in)



**Digital Body Language:  
How Your Messages Speak for You**

[www.wellnesswise.in](http://www.wellnesswise.in)



**#Wednesday  
Wellness**

[www.wellnesswise.in](http://www.wellnesswise.in)



**Nurturing Young Minds:  
How to Enhance Creativity in Children**

[www.wellnesswise.in](http://www.wellnesswise.in)



**Unlock Your  
Creative Genius**

[www.wellnesswise.in](http://www.wellnesswise.in)



**Sustainable Wellness:  
For You and the Planet**

[www.wellnesswise.in](http://www.wellnesswise.in)



**#Wednesday  
Wellness**

[www.wellnesswise.in](http://www.wellnesswise.in)



## **Wellness Wise Social Media Uploads**

**Monday:** Quotes from Wellness Wise Blog

**Tuesday:** Thoughtful Tuesday creative on Critical thinking, Problem-Solving, Lateral Thinking, Aptitude questions, Puzzles on County names and unfinished statements, etc.

**Wednesday:** Wellness Wise Blog

**Friday:** School activity / Video on infographic content from Wellness Wise blog

**Saturday:** Selfcare Saturday content on Environmental Selfcare, Recreational Self-Care, Spiritual Selfcare, Social Selfcare, Emotional Selfcare, Eco-Friendly Selfcare, Mindful Eating, Breakfast Selfcare, Feather Breathing, Self-care routine, Handling Burnout.

‘Self-Care is not being selfish’, Selfcare - Myths vs Facts, Self Compassion, Incorporating Yoga into Your Self-Care Routine, Assertive Communication, music for the soul, Self-care can become challenging and hard to adhere, Self-care during festivals, Staying Active during festivals, Eating right during festivals, etc.

## **Blog Link of Wellness Wise by Dr. Alka-**

<https://wellnesswise.in/>

## **Instagram Links-**

<https://www.instagram.com/wellnesswisebydr.alka?igsh=MTFhcDZ3cGRrMzJ4Zg==>

[https://www.instagram.com/dr\\_alkasaxena/?hl=en](https://www.instagram.com/dr_alkasaxena/?hl=en)

## **Facebook Link –**

<https://www.facebook.com/profile.php?id=61550726024471&mbextid=ZbWKwL>

## **LinkedIn Links -**

[https://www.linkedin.com/in/adept-a-program-for-enhancing-life-skills-21b387229?utm\\_source=share&utm\\_campaign=share\\_via&utm\\_content=profile&utm\\_medium=android\\_app](https://www.linkedin.com/in/adept-a-program-for-enhancing-life-skills-21b387229?utm_source=share&utm_campaign=share_via&utm_content=profile&utm_medium=android_app)

<https://www.linkedin.com/company/dr-alkasaxena/>



## **Dear Reader**

“Deep in my heart, I hold an aspiration,  
To touch the pinnacle of inspiration.  
I seek wholehearted cooperation,  
From the Blue Bells Family and the company’s Oracle.  
With perfect coordination,  
We journey towards excellence,  
A path that demands utmost determination...”

When guided by purpose, all our energy flows in the direction of our dreams. This guiding principle has inspired us to pour our hearts into curating a vibrant reflection of the school’s events and accomplishments.

This edition is our expression of gratitude for the spirit of collaboration, the joy of learning, and the everyday moments that define our shared journey.

May these pages awaken fond memories and inspire us to soar to new heights of excellence.

**Warm Regards**

**Editorial Team**

**BDBBPS, Sector 10**

**Gurugram**

A close-up photograph of a blue ballpoint pen writing the words "Thank you!" in a cursive script on a white, lined notepad. The pen is positioned diagonally from the top right towards the center. The background of the slide features a light blue grid pattern with larger circles, and blue geometric shapes in the corners.

Thank you!